

Student: \_\_\_\_\_

FIRST FOLLOW-UP MEETING Date: \_\_\_\_\_

- Let the student know you requested a meeting to discuss the Student Wellness Survey.
- Review students' survey responses, focusing on both strengths and any reported distress.
- Review the students' survey responses, paying attention to both their strengths and any distress.
- Inquire about any aspects of life that bring the student satisfaction or distress.
- Ask the student how they typically respond when encountering a challenge or feeling distressed.
- Identify strategies the student can use when in distress.
- Ask the student who they typically seek support from (e.g., family, friends, teachers).
- Discuss the sources of support that the student can utilize when in distress.
- Readminister the CSWI or other measured listed below.

SECOND FOLLOW-UP MEETING Date: \_\_\_\_\_

- Review measures administered at the first meeting.
- Discuss the ongoing support and services that are available.
- Discuss options with the student.

**Gate 2 Screening Measurement Resources**

Strength and Wellness Emphasis Measures	Distress Emphasis Measures
<input type="radio"/> <a href="#">40-item Multidimensional Student Life Satisfaction Scale</a>	<input type="radio"/> <a href="#">Kessler Symptom Scale (K10) (description)</a>
<input type="radio"/> <a href="#">Mental Health Continuum-Short Form (description)</a>	<input type="radio"/> <a href="#">PHQ-9 Depression Screen</a> (Mental Health America)
<input type="radio"/> <a href="#">Social Emotional Health Survey-Secondary</a>	<input type="radio"/> <a href="#">GADS-7 Anxiety Screen</a> (Mental Health America)
<input type="radio"/> <a href="#">Personal Wellbeing Index – School Children (PWI-SC)</a>	<input type="radio"/> <a href="#">SDQ: Strengths and Difficulties Questionnaire</a>
<input type="radio"/> <a href="#">Student Subjective Wellbeing Questionnaire (SSWQ)</a>	<input type="radio"/> <a href="#">Pediatric Symptom Checklist - Youth Report (MHA)</a>

**SHAPE: School Health Assessment and Performance Evaluation System**, National School Mental Health Center, University of Maryland. Register your school/district for SHAPE, and then you will be able to access numerous assessment resources: <https://theshapesystem.com/>